



**FINGER LAKES GOLDEN OLYMPICS 2009**

**DATE: September 12, 2009**

**LOCATION: PALMYRA FAIR GROUNDS  
West Jackson Street  
Palmyra, New York**

**TIME: 11:00 A.M. TO 3:00 P.M.**

**PARTICIPANTS: Resident from Long Term Care Facilities Located in the Finger Lakes Area.**

**We are proud to announce that September 12,2009 will be the date for the "18<sup>th</sup> Finger Lake Golden Olympics."**

**Cooperation will be the key factor in having this event become a success and memorable occasion.**

**11:30 A.M. (SHARP) WELCOME  
OPENING CEREMONY  
OLYMPIC OATH**

**11:45 A.M. Invocation- Rev. Carlos Smith**

**Lunch immediately following opening Ceremony**

**Picnic style lunch: Hots, Hamburgers, Potatoes chips, Potatoe & Macroni salad,**

**ice cream and Beverages**

**"LET THE GAMES BEGIN"**

**12:30 P.M. - 1:15 P.M. AREA I: BALL WINDING- LONG GREEN BLDG.  
AREA II: HORSESHOE PITCH- COMMERCIAL BLDG.**

**AREA III: BEAN BAG TOSS- 4 -H BLDG**

**1:15 P.M. – 2:00 P.M. AREA I: NAIL POUNDERS- LONG GREEN BLDG  
AREA II: SHOEKICK - COMMERCIAL BLDG.  
AREA III: BOTTLE CAP TOSS-4 -H BLDG**

**2:00-2:45 P.M. - AREA II: BOWLING COMMERCIAL BLDG & long green building**

**AREA II: SPONGE THROW- OUTSIDE**

**2:15 P.M. AREA III: SPELLING BEE 4 - H BLDG  
WHEELCHAIR RACE - AREA TO BE ANNOUNCED  
CLOSING CEREMONIES**

**WHILE THE EVENTS ARE GOING ON TAKE ADVANTAGE OF THE DIFFERENT ENTERTAINMENT PROVIDED THROUGHOUT THE DAY. THERE IS PLENTY OF TIME ALLOCATED FOR EACH EVENT.**



**Anyone Interested in helping with this event please contact:**

**Jane Beach,**

**Activities Director**

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